

BEHAVIOR CONTRACT

I understand that I have nobody else to blame for my behavior but myself. I will take responsibility for my actions without blaming others or using distractions to avoid being held accountable. I will accept my consequences and learn from my mistakes.

I will be respectful to others by treating them the way that I would like to be treated. I will use proper manners and speak appropriately to others. I will respect the property, privacy, and feelings of others.

I will act responsibly by doing the things that are expected of me in a consistent and timely manner. I will do things to the best of my ability and will avoid making excuses or procrastinating.

I will keep myself and others safe by avoiding behaviors that are aggressive, destructive, or dangerous. I will avoid places and objects that are unsafe or dangerous. I will not give in to peer pressure.

I will follow the rules of the house (or wherever else I may be) and I will do what is expected of me each day. I will avoid non-compliant behaviors such as arguing, begging, complaining, or whining.

I will be patient, honest, fair, and courteous with others.

I will present a positive attitude instead of being negative, pessimistic, or rude.

I will maintain the following privileges only if I am able to meet the expectations listed in this agreement.

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I will earn the following restriction if I am unable to meet the expectations listed in this agreement.

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Parent(s) Signature

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Child Signature